

# Minutes Wellness Work Group Sub-Committee

DATE: October 11, 2017 8:00-8:30am LKV Conference room

ATTENDEES: Beth Baldwin, Skip VanAllen, Ted Lyons, Paul Cleveland, Jenee Severances, Bethany Markee, Walter Con

## Review of wellness strategic planning session:

A recap of if we are not fully compliant at each and every school site. The implementation is very successful so far. An improvements continue to happen. Great healthy alternatives are becoming the new norm. Questions that we now have are as follows:

How do we communicate the Wellness Policy effectively, and who does this?

Do we need site representation?

What message(s) do we convey? And How?

Is there LCAP funds that could be made available to provide a budget/stipend position? Walter to research w/Holly Edds.

## What are the goals of this group?

It is agreed that a consistent message needs to be sent throughout all the district, and at each site level

Establish a district personnel that is the “communicator and also create site representatives.

## What are the next steps?

Be on the ILC meeting agenda to discuss this topic further.

Create an acceptable not all inclusive food items list of compliant snack items that is eventually approved by the board. Ted Lyons agreed to be a part of this, and also present at the board meeting

Create an alternative/non-foods activities list to be used for parties, fundraisers, etc.

Move the current nutritional rules 2017.18 web link to the from page of the website-possibly rename the link w/the positive phrase...“snacks for success”

## Future Ideas:

Distribute a message to parents, staff, students etc. that the items you buy/receive at school nutrition program cannot be purchased outside of the school. A great example is the domino’s pizza that is specifically formulated for public schools only.

Also create parent educational nights where information can be shared throughout the school year at each site level.